

# Pollution Prevention Week

## September 20 - 26, 2010

Pollution Prevention the first defense in protecting the environment.

Recycling is great, but pollution prevention can protect the environment before pollution even begins. Pollution prevention can save energy and natural resources, have cleaner air and water, create less waste for the landfills, and leave our homes, schools and workplaces cleaner and safer.

### **Here are some ways you can prevent pollution:**

#### *Reduce Waste*

- Recycle, Reduce, and Reuse. Throughout their life, the average American will throw away 600 times his or her adult weight.
- Use double-sided paper whenever possible. One ton of waste paper saves enough energy to power an average home for 6 months.
- Use recycled paper. One ton of recycled paper uses: 64% less energy, 50% less water, 74% less air pollution, saves 17 trees and creates 5 times more jobs.

#### *Conserve Electricity*

- Turn off the water while brushing your teeth.
- Turn off the lights when you leave a room.
- Turn off the TV, computer, printer, and video games.



**National Pollution Prevention Roundtable**  
Pollution Prevention Where Sustainable Practices Begin!